

# Bile Stim™

Reformulation Date: August, 2024

## Reformulation Details\*

Bile Stim™ has been reformulated to focus on promoting healthy bile properties and unobstructed bile flow. A dosage of two capsules taken two to three times daily on an empty stomach is now recommended. Dandelion Root and Red Beet Root remain in this product due to their well-established beneficial effects on bile production/secretion and gallbladder function. Chanca Piedra and Berberine have been added to reduce the risk of gallstone formation by helping to regulate cholesterol, bilirubin and calcium saturation of the bile. Guggul is found in this reformulation due to its ability to assist in retaining normal amounts of bile acids by encouraging the conversion of cholesterol into bile acids. Clinical studies support the inclusion of Magnesium to aid in preserving normal gallbladder motility and bile duct integrity which are important for healthy bile flow. With the addition of Dandelion Leaf and Vitamin E, all of the above ingredients assist in maintaining normal lipid levels in the blood and liver as well as in promoting the elimination of excess cholesterol and liver toxins via the bile. The anti-inflammatory properties of Turmeric have been replaced by those in Milk Thistle to work with the existing pHydroProtease® in this formulation in supporting healthy inflammatory responses in the hepato-biliary system. Corn Silk, Marshmallow, Rosemary and Lemon have been removed because current research indicates the ingredients added above are more effective for the intended purpose of this product.

### OLD FORMULA

Supplement Facts		
Serving Size: 1 Vegan Capsule		
Amount Per Serving		% DV
<b>Synergistic Herbal Blend</b>		
Dandelion ( <i>Taraxacum dens-leonis</i> ) (root) Extract	150 mg	**
Beet ( <i>Beta vulgaris</i> ) (root) Extract (0.3% betanin)	100 mg	**
Turmeric ( <i>Curcuma longa</i> ) (rhizome) Extract (95% curcumins)	75 mg	**
Dandelion ( <i>Taraxacum dens-leonis</i> ) (leaf) Extract	30 mg	**
Corn Silk ( <i>Zea mays</i> ) Extract	30 mg	**
Rosemary ( <i>Rosmarinus officinalis</i> ) (aerial part) Extract	25 mg	**
Marshmallow ( <i>Althaea officinalis</i> ) (root) Extract	25 mg	**
Lemon ( <i>Citrus limonum</i> ) (peel)	25 mg	**
pHydroProtease® (a blend of exo and endo proteases)	20,000 HUT	**

\*\*Daily Value (DV) not established.  
Other Ingredients: plant fiber, water.

### NEW FORMULA

Supplement Facts		
Serving Size: 2 Vegan Capsules		
Amount Per Serving		% DV
Vitamin E (from d-alpha Tocopheryl Succinate)	25 mg	167%
Magnesium (from Magnesium Malate)	70 mg	17%
<b>Synergistic Herbal Blend</b>		
Dandelion ( <i>Taraxacum dens-leonis</i> ) (root & leaf) Extract	210 mg	**
Chanca Piedra ( <i>Phyllanthus niruri</i> ) (whole herb) Extract	80 mg	**
Red Beet ( <i>Beta vulgaris</i> ) (root) Extract (0.3% betanin)	80 mg	**
Milk Thistle ( <i>Silybum marianum</i> ) (seed) Extract (80% silymarin)	80 mg	**
Berberine HCl (from Indian Barberry ( <i>Berberis aristata</i> ) (bark))	70 mg	**
Guggul ( <i>Commiphora Mukul</i> ) (resin) Extract (2.5% guggulsterones)	40 mg	**
pHydroProtease® (a blend of exo and endo proteases)	30,000 HUT	**

\*\*Daily Value (DV) not established.  
Other Ingredients: plant fiber, water.

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