

FEMALE HEALTH

Menstrova™

DAIRY FREE | GLUTEN FREE | SOY FREE | VEGAN

Supports a Healthy Menstrual Cycle to Help Relieve Discomfort*

Menstrova™ provides a synergistic blend of potent herbal extracts and natural-source vitamins plus pHysioProtease® to promote a healthy balance of female hormones and prostaglandins which may help relieve the physiological and psychological discomfort often associated with the menstrual cycle.*

Clinical Applications

- Aids in avoiding the adverse effects of large fluctuations in the estrogen to progesterone balance at various stages of the menstrual cycle, which may have a beneficial impact on PMS *
- Focuses on helping to minimize uterine cramping and menstrual-related body aches by positively influencing the release of prostaglandins*
- Helps maintain healthy neurotransmitter levels during the menstrual cycle easing anxiety, irritability, mood swings, carbohydrate cravings and headaches*
- Assists in reducing the occurrence of breast tenderness caused by the enlargement of mammary glands in response to a sudden rise in the female hormone, prolactin*
- Encourages elimination of bloating or weight gain due to water and salt retention caused by female hormone changes*
- Promotes healthy pelvic blood circulation and normal menstrual flow*
- Alleviates fatigue and sleep disturbances resulting from menstrual discomfort*
- Acts on imbalances in estrogen, progesterone and testosterone protecting against sex hormone-induced skin issues*



pHysioProtease® is a registered trademark of Enzymes Inc



RGen-B's is a trademark of Origenetics, Inc.

Supplement Facts

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Serving Size: 2 Vegan Capsules		
Amount Per Serving		% DV
Vitamin D3 (as Cholecalciferol)	5 mcg	25%
Vitamin E (as d-alpha Tocopheryl Succinate)	34 mg	227%
Thiamin (from RGen-B's™)	1 mg	83%
Riboflavin (from RGen-B's™)	0.9 mg	69%
Niacin (from RGen-B's™)	1.6 mg NE	10%
Pyridoxine (from RGen-B's™)	1 mg	59%
Folate (from RGen-B's™)	32 mcg DFE	1%
Pantothenic Acid (from RGen-B's™)	1.7 mg	34%
Synergistic Botanical Blend	1,026 mg	**
Chaste Tree (<i>Vitex agnus-castus</i>) (fruit) Extract (1.5% agnusides)		
Ginger (<i>Zingiber officinale</i>) (root) Extract (5% gingerols)		
Cordyceps (<i>Cordyceps militaris</i>) (fruiting body) Extract		
Lemon Balm (<i>Melissa officinalis</i>) (leaf) Extract		
Dandelion (<i>Taraxacum dens-leonis</i>) (leaf) Extract		
Dong Quai (<i>Angelica sinensis</i>) (root) Extract		
RGen-B's™ (Guava (<i>Psidium guajava</i>) (fruit) Extract, Holy Basil (<i>Ocimum tenuiflorum</i>) (leaf) Extract, Lemon (<i>Citrus limon</i>) (fruit) Extract)		
Dandelion (<i>Taraxacum dens-leonis</i>) (root) Extract		
Black Cohosh (<i>Cimicifuga racemosa</i>) (root) Extract		
pHysioProtease® (a blend of exo and endo proteases)	60 mg	**
DIM (3,3'- Diindolylmethane)	50 mg	**
**Daily Value (DV) not established.		
Other Ingredients: plant fiber, water.		

Product Details

DIRECTIONS

Take two (2) capsules one to two (1-2) times daily on an empty stomach, or as directed by your healthcare professional.

CONTRAINDICATIONS

This product should not be taken by an individual with a hypersensitivity to *Aspergillus* or to any of its ingredients.

If you are pregnant, nursing, have a serious medical condition, or take any medications, consult your healthcare professional before use.

DOES NOT CONTAIN

Sugar, soy, wheat, yeast, gluten, peanuts, tree nuts, eggs, dairy, animal products, artificial colors, flavors and sweeteners or genetically modified organisms (GMOs).

STORAGE

Store tightly closed in a cool, dry place out of reach of children.

TO ORDER CALL 800.637.7893 or VISIT PROENZOL.COM

